



# NEWSLETTER

September 19, 2025

## Welcome

Hello everybody! My name is Adrian Barrena, a senior here at SF State and the current Vice President of the RPT Club. I am so honored to have the chance to present this week's department newsletter! As we move forward this semester, I humbly ask all of us to remember and embrace why we strive to connect with nature and our communities.

## RPT & SFSU Updates



- The RPT Club will hold its first meeting on **Thursday, October 2<sup>nd</sup>**! Details about the time and location will be shared soon, so stay tuned! This semester, we have some exciting events planned, including hikes, ranger talks, movie nights, and site visits to Muir Woods and Alcatraz! For updates, follow us on our Instagram: [@rpt\\_clubsfsu](#).
- SF State will be hosting a Graduate School Fair on **Wednesday, September 24, from 12:00 PM to 3:00 PM** on the Quad. You can register for this event [here](#)!
- SF State will be hosting a Career Internship and Development Fair on **Thursday, October 9, from 12:00 PM to 3:00 PM** at the Mashouf Wellness Center. Register [here](#)!
- Our RPT Student-Alumni Mixer is scheduled next month on **Thursday, October 23<sup>rd</sup>, at 5:00 PM at the Rob Hill Campground**. Come and connect with both students and alumni alike for networking opportunities and some 'edutainment'!
- [More news ...](#)

## Alum Spotlight

**Xitali Naranjo** (2024)



As the Student Affairs Coordinator for the College of Podiatric Medicine at WesternU, Xitali provides high-level support in all areas of student affairs. Her responsibilities include overseeing the student adjudication process, supporting student retention efforts, helping manage student events, and coordinating special project events for the college. She works closely with faculty, staff, and college administration to develop and implement strategic retention plans focused on supporting students in the program and reducing attrition.

## Student Spotlight

**Chloe Dulce** (2026)



“As an RPT major with a double minor in Theatre Arts and Hospitality, Tourism, and Event Management (HTEM), I have built skills in event planning, wellness programming, and youth engagement through my experiences working with SFSU’s Health Promotion & Wellness, the Vallejo Project, Camp Gold Hollow, and (currently) the CSU Peer Leadership Summit. Within our RPT Club, I’ve served as Secretary and Social Media Manager, helping grow our community and share the spirit of our program. I love exploring new places, telling stories, and creating opportunities for people to connect through meaningful experiences. Being in RPT allows me to combine those passions while embracing my fun, comedic, and nerdy side in a welcoming community that has introduced me to lifelong friends.”

## Academic & Professional Opportunities

### Jobs & Internships

- [Recreation Coordinator](#) (City of Martinez)
- [GGNPC Alum Researcher and Engagement Participant](#) (GGNRA)
- [GGNPC Alcatraz Visitor Service Representative \(Seasonal\)](#) (GGNPC)
- More volunteer and internship opportunities ... [RPT Alumni LinkedIn group](#)

## Events & Activities

- [Golden Gate Bridge to Kirby Cove Beach Day Trip](#): Saturday, September 20, 8:00 AM - 3:00 PM (Register through CampusRec Portal)
- [Climate HQ Student Breakfast](#): Thursday, September 25, 9:30 AM -12:30 PM
- [SNAG Trip to Big Basin Fire Ecology Trip](#): Saturday, October 4, 8:30 AM - 4:00 PM

## News & Research

### News

- (2025, January 21) [Challenges in nature-based health and therapy research in critical considerations for application in musculoskeletal health](#)  
Frontier Public Health.
- (2025, March 5) [San Francisco's Presidio Trust Defends Its Existence in Response to Trump Order](#)  
KQUED.
- (2025, July 22) [A tax on fun? SF charging more for playing in parks](#)  
The San Francisco Standard.
- (2025, August) [The healing power of nature. Biophilic design applied to healthcare facilities](#)  
Current Opinion in Psychology.
- (2025, August 13) [Mind-blowing effects of nature on our brains revealed in book.](#)  
NewScientist.
- (2025, August 21) [SF breaks ground into third phase of India Basin Waterfront Park project](#)  
KRON4.

## Final Thoughts ...

As we continue pushing through this tumultuous era, please know that [Teachers make a difference! Now what about you?](#)

Until next week,

*Adrian Barrera*



Department of Recreation, Parks & Tourism with Holistic Health Studies  
[San Francisco State University](#)  
1600 Holloway Ave., HSS 307  
San Francisco, CA 94132

[rosegard@sfsu.edu](mailto:rosegard@sfsu.edu) | [rpt.sfsu.edu](http://rpt.sfsu.edu)  
(415) 338-7529 (office)

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