



NEWSLETTER

October 3, 2025

Welcome

Hello everyone! My name is Chloe Dulce, and I am a senior at SF State, serving as the current Secretary of the RPT Club. I am beyond grateful for the opportunity to present this week's newsletter! Leisure is like art—you are the painter; time is your canvas, and play is your paintbrush. Together, let us embrace our creativity and paint a vibrant RPT picture to remind us that adventure is out there!

RPT & SFSU Updates



- The RPT Club held its first meeting of the Fall 2025 semester on Thursday, October 2, welcoming new and returning members to connect, share ideas, and learn about upcoming opportunities. For more details about events and club meetings, follow us on our Instagram: [@rpt_clubsfsu](#)
- SF State Campus Recreation will be hosting a Game Night on **Friday, October 17, from 6:00 PM to 8:00 PM** at the **Mashouf Wellness Center**.
- The RPT Department is hosting our annual **Students & Alumni Mixer** on **Thursday, October 23, 2025, at the Rob Hill Campground** from **5:00 PM to 8:00 PM**. Join us for an evening of connection and networking with classmates, alumni, faculty, and friends.
- SF State Campus Recreation will be hosting its 16th Annual Costume Dodgeball on **Thursday, October 30, from 7:00 PM to 10:00 PM** at the **Mashouf Wellness Center**. [RSVP here.](#)
- [More news ...](#)

Alum Spotlight

Rebecca Gross (2015)



As an RPT alumna with an outdoor emphasis, specifically maritime recreation, I interned with the Port of San Francisco's Maritime Department. I've since worked in various marinas along California's coast and am now back at the Port as the Assistant Harbormaster at [South Beach Harbor](#).

Student Spotlight

Adrian Barrena (2026)



Adrian Barrena is a current RPT Senior from Eagle Rock, California. Since transferring to San Francisco State University in 2023, he has been actively involved in various on-campus organizations, including Residential Life and the Orientation Team. Within the RPT program, Adrian has left his mark by taking part in RPT 470's Fall 2024 Hawaii Trip and serving as a teaching assistant for Dr. Yoshino's RPT 230 class in Spring 2025. Most recently, he completed an internship with the Summer 2025 cohort of the Nina S. Academic Internship, in partnership with the Golden Gate National Parks Conservancy and the National Park Service. His role placed him on Alcatraz Island, where he spent his summer working alongside fellow park rangers as a historical interpretive intern.

Academic & Professional Opportunities

Jobs & Internships

- [Director of Public Programs and Engagement](#) (Asian Art Museum)
- [Gymnastics Aide](#) (Hayward Area Recreation & Park District)
- [Youth Development Coordinator](#) (Boys & Girls Club of San Francisco)
- [Development Events Coordinator](#) (Oakland Museum of California)
- More volunteer and internship opportunities ... [RPT Alumni LinkedIn group](#)

Events & Activities

- [The Box SF Artists & Makers Fair](#) (Saturday-Sunday, October 4-5, 11:00 AM – 5:00 PM, 1069 Howard Street, San Francisco, FREE entry)
- [Día de Los Muertos 2025: Opening Reception & Exhibition Unveiling](#) (Friday, October 10, 6:00 PM to 9:00 PM, 934 Brannan St., San Francisco, \$15 Admission)
- [Golden Gate Park Sunday Roller Disco Party](#) (Sunday, October 19, 12 PM – 5:00 PM, 6th Ave & Kennedy Drive, Golden Gate Park, FREE entry)
- ***CSU STUDENTS ONLY*** [CSU Peer Leadership Summit: The Game of LIFE](#) (Friday, October 24, 10:00 AM – 12:00 PM on Zoom. [Register here!](#))
- [Fern Valley Music Series Polk-tober Market](#) (Saturday, October 25, 12:00 PM – 4:00 PM, Larkin St. and Polk St., San Francisco, FREE entry)

News & Research

- (2025, 1 February) [Why are green spaces good for us?](#). Department of Environment, Tourism, Science and Innovation, Queensland
- Waxman, Laura (2025, 22 May) [S.F. developer to build waterfront park with gardens, amphitheater in emerging neighborhood](#). San Francisco Chronicle
- Lundeberg, Steve. (2025, June 9) [Research shows outdoor recreation not a luxury but a public health necessity](#). Oregon State University
- (2025, 18 August) [Bay FC and San Francisco Recreation and Park Reveal Citywide Soccer Sculpture Installation Ahead of Historic Match at Oracle Park](#). Bay FC
- Eyerman, Delaney. (2025, September 26) [Overland Park man rides 700 miles to raise money for cancer research](#). Fox4News.

Final Thoughts ...

Growth comes through exploration, from discovering new places to building community. When we lead with confidence, not only do we shape our own experiences, but we also inspire those around us. As the late Andre Braugher once said, “Every time someone steps up and says who they are, the world becomes a better, more interesting place.”

Until next week,

Chloe Dulce



Department of Recreation, Parks & Tourism with Holistic Health Studies
[San Francisco State University](#)
 1600 Holloway Ave., HSS 307
 San Francisco, CA 94132

rosegard@sfsu.edu | rpt.sfsu.edu
 (415) 338-7529 (office)

Follow Us: [Instagram](#)