

# Newsletter

October 10, 2025

#### Welcome

Hey Gators! I'm Georgia Mammen, a graduating senior here at SFSU. I feel very honored to have the chance to write this week's department newsletter. As you read through this week's letter, I invite you to consider the ways that you prioritize inclusion in your life and how we can make the world of RPT more accessible to all!

### RPT & SFSU Updates

- RPT 600 (Professionalism in RPT) hosted an alumni panel last week, and we would like to thank
  the below alums for taking time out of their busy schedules to share their stories and provide
  internship and career advice for our soon-to-be graduating class of 2026.
  - Caroline Bishop 2018
  - Alfredo Leon Orea 2021
  - Karen Clarke 2016
  - Cristina Navarro 2018
  - o Jaz de L'arbre 2014
  - o Trevor Rice 2015
  - o Molly Given 2003
  - o Sachi Sakamoto 2021
  - Becca Gross 2015

- o Alex Soelter 2017
- o Darcy Hinz 2015
- o Zoey Spears 2021
- o Ashley Howe 2007
- o Eliza Speece 2016
- o Demetra Kayne 2012
- Jason Steckler 2016
- Haley Lastra 2017
- RPT 390 Leisure Travel and Tourism and RPT 340 Conference Event Planning Management take a joint field trip to Fort Mason Center for Arts & Culture. Huge thank you to April Camaquin for a memorable tour of the Historic Fort Mason Landmark District!
- Save the date!
  - What: Outdoor Gear Basics Clinic
  - When: Wednesday, October 15, 5:30 -6:30pm
  - Who: All SF State Students and faculty welcome (MWC welcomes students with disabilities and offers reasonable accommodations at this event!)
  - Where: Outdoor Resource Center, MWC
  - Why: Learn how to choose the right tents, setting up camp, and much more!
  - Follow: <u>@sfsu\_campusrec</u> for more information and future events!
- More news ...



RPT Newsletter 2

# Alum Spotlight

#### **Amy Wang (2012)**



"After graduating and working with non-profits, I returned to SFSU for my MS in Counseling. I then secured a tenure-track faculty position as the counselor/coordinator for the IMPACT AAPI program at <a href="De Anza College">De Anza College</a>, supporting underserved AANHPI students through graduation and transfer."

## Student Spotlight

#### Estela Ontiveros (2026)



"Hello, my name is Estela Ontiveros, my path to the RPT major has been all about discovery and following what I love. Before coming to SFSU, I spent ten years working for the City of Fontana in community services, planning events, programs, and classes that brought people together. Those experiences showed me how powerful recreation can be in building community and how much I enjoyed being a part of one. Discovering RPT was a turning point - a major that aligned with my long-term goals.

In my free time, I enjoy camping, traveling, and cooking, and I hope to one day combine my love for hospitality and nature by opening a cozy bed and breakfast where guests from around the world can relax and connect."

# Academic & Professional Opportunities

## Jobs & Internships

- Prescribed Fire Apprenticeship (All Hands Ecology)
- Recreation Leader (City of San Francisco)
- <u>Bilingual Community Engagement Intern II (Friendship/Flood Parks)</u> (County of San Mateo)
- Employee Accommodations Student Assistant (SFSU)

#### **Events & Activities**

- <u>Scaregrove Halloween Event 2025</u> (Friday 10/24, 3:00 9:00pm, Sigmund Stern Grove 19th Avenue and Sloat Boulevard San Francisco)
- Yoga Class (Recreation and Parks) (Monday 10/13, 12:00 1:00pm, United Nations Plaza 355 McAllister Street San Francisco) (Free!)
- <u>Third Saturday Cleanup</u> (Saturday 10/18, 9:00 11:00am, Shorebird Park 160 University Ave Berkeley)

**RPT Newsletter** 3

# News & Research

2025 Government Shutdown Updates in the Golden Gate National Recreation Area

- Investigating Inclusive Practices in General Physical Education (GPE) Classes in Nigeria: An Exploratory Study
- Social Benefits of Recess for Students with Attention Deficit Hyperactivity Disorder
- The Leisure of Grey Spaces, Urban Play and The Chromatic Turn
- Mayor Lurie Breaks Ground on Redesigned Playground in Tenderloin

## Final Thoughts ...

As I sign off as this week's author, I will leave you with this quote from Professor George Dei, "Inclusion is not bringing people into what already exists; it is making a new space, a better space for everyone." Be kind, be accepting, be well!

Until next week,





Department of Recreation, Parks & Tourism with Holistic Health Studies San Francisco State University 1600 Holloway Ave., HSS 307 San Francisco, CA 94132

rosegard@sfsu.edu I rpt.sfsu.edu (415) 338-7529 (office)

Follow Us: Instagram